

To Persons Registered in Dalarna County

Here is some information from Dalarna County Council on Hälsoval Dalarna. Hälsoval Dalarna means that you have the option to choose the public or private District Health Centre you would like to belong to.

You can make your choice by doing one of the following:

1. By registering an account in Mina vårdkontakter and making your choice on the Dalarna County Council web site: www.ltdalarna.se/minavardkontakter
2. Fill in the application form which is enclosed with this letter, put the form in the reply envelope and send it to Hälsovalskansliet.
3. Fill in the application form and give it directly to the District Health Centre where you would like to be a patient (be listed).

If you do not make an active choice you will remain at the District Health Centre where you are already a patient (where you are currently listed).

Please note that the private District Health Centres start their operations during the Summer/Autumn of 2010 (see application form). You can choose one of these District Health Centres already but you will remain a patient at your current District Health Centre until the District Health Centre you have chosen opens up for business.

Information on Hälsoval Dalarna has been translated to other languages, braille, easy reading and audio file, and is available on www.ltdalarna.se/halsoval or can be ordered through Hälsovalskansliet.

More information on Hälsoval Dalarna is available on the Dalarna County Council web site: www.ltdalarna.se/halsoval

If you have any questions - please contact Hälsovalskansliet in Falun

Address: Hälsovalskansliet, Box 712, 791 29 Falun

E-mail: halsovalskansliet@ltdalarna.se

Telephone: 023-49 00 52

Fax: 023-49 01 87



General Information

During 2010 all County Councils in Sweden shall have Implemented the 'Choice of Care' systems. In Dalarna we call our choice of care system 'Hälsoval Dalarna'. Everyone who is a registered resident in Dalarna can choose any approved District Health Centre, run by the County Council or privately, in the county.

An Active Choice

If you want to make an active choice there are three different ways to do this:

1. By first registering an account through the internet service 'Mina Vårdkontakter' you will have the option to make your choice on: www.ltdalarna.se/minavardkontakter
2. Fill in the application form, then put the form in the reply envelope and send it to Hälsovalskansliet.
3. Give the application form directly to the District Health Centre where you would like to be a patient (where you want to be listed). If you do not make an active choice you will remain at the District Health Centre where you are already a patient (where you are currently listed).

Established Health Care Team and Health Care Contact

You can choose your care team together with the personnel at the District Health Centre of your choice. If you need a contact for continuous care they can also be of assistance to you in this matter.

Your Choice is Registered

After you have chosen your preferred District Health Centre it takes approximately two weeks before you are registered at the District Health Centre of your choice.

If you are not able to be listed directly at the District Health Centre of your choice you will receive a message letting you know when you might get your placement.

Private District Health Centres

Please note that the private District Health Centres start operating during the Summer/Autumn of 2010 (see application form). You can choose one of these District Health Centres already but you will remain a patient at your current District Health Centre until the District Health Centre you have chosen opens up for business.

Change

Changing your choice of District Health Centre can be made through the internet service Mina vårdkontakter: www.ltdalarna.se/minavardkontakter or by completing a new application form.

The form is available for printout on the County Council's web site www.ltdalarna.se/halsoval or can be picked up at the nearest District Health Centre.

Authorised Representative

For children/youths under the age of 18 the signature of an authorised representative is required when changing District Health Centres.

Regarding joint custody the signatures of both parental guardians are required.

If the choice is made by proxy this shall be clearly stated on the form, noting if it is a trustee, a relative or other close person.

The Internet Service Mina vårdkontakter

Mina vårdkontakter is a web-based service where the user quickly and easily can reach Health Care through using the internet. By registering an account on Mina vårdkontakter you can also make your health choice on the internet. Register a user account at the Dalarna County Council web site: www.ltdalarna.se/minavardkontakter

By following the instructions you will be registered as a user in Mina vårdkontakter. You can either register with your personal identity number, then your password will be delivered to your door within a week or if you choose to register with electronic identification you can start using the service immediately.

More information

Information regarding Hälsoval Dalarna is available on www.ltdalarna.se/halsoval

Hälsovalskansliet

If you have questions regarding Hälsoval Dalarna please contact Hälsovalskansliet by e-mail: halsovalskansliet@ltdalarna.se

Telephone: 023-49 00 52 or fax: 023-49 01 87.

You Choose your District Health Centre

Hälsoval Dalarna is now being implemented and you are free to choose which District Health Centre you would like to belong to (where you would like to be listed as a patient).

You can change your District Health Centre at any time and as often as you like.

When you have chosen your District Health Centre it takes approximately two weeks before you are registered at the District Health Centre of your choice.

Here are the District Health Centres you can choose from in Dalarna County.

Avesta

Vårdcentral Avesta

Avesta lasarett, 774 82 Avesta

0226-496273

www.ltdalarna.se/varldcentralavesta

vardcentral.avesta@ltdalarna.se

Vårdcentral By

Åsvägen 3, 774 67 Horndal

0226-496700

www.ltdalarna.se/varldcentralby

vardcentral.by@ltdalarna.se

Vårdcentral Krylbo

Avesta lasarett, 774 82 Avesta

0226-496360

www.ltdalarna.se/varldcentralkrylbo

vardcentral.krylbo@ltdalarna.se

Vårdcentral Skogsbo

Avesta lasarett, 774 82 Avesta

0226-496460

www.ltdalarna.se/varldcentralskogsbo

vardcentral.skogsbo@ltdalarna.se

Borlänge

Vårdcentral Borlängehälsan

Målargatan 1, 784 31 Borlänge

0243-66570

info@borlangehalsan.se

www.borlangehalsan.se

Öppnar 2010-10-01

Vårdcentral Domnarvet

Bergebyvägen 5, 784 73 Borlänge

0243-497250

www.ltdalarna.se/varldcentraldomnarvet

vardcentral.domnarvet@ltdalarna.se

Vårdcentral Jakobsgårdarna

Jaxtorget 7, 781 10 Borlänge

0243-497700

www.ltdalarna.se/varldcentraljakobsgardarna

vardcentral.jakobsgardarna@ltdalarna.se

Vårdcentral Kvarnsveden

Märkargatan 23, 784 66 Borlänge

0243-497920

www.ltdalarna.se/varldcentralkvarnsveden

vardcentral.kvarnsveden@ltdalarna.se

Vårdcentral Läkarhuset

Gyllehemsvägen 10, 784 60 Borlänge

0243-228008

www.lakarhusen.se

info@lakarhusen.se

Öppnar 2010-08-02

Falun

Vårdcentral Britsarvet

Norra Järnvägsgatan 18, 791 35 Falun

023-491620

www.ltdalarna.se/varldcentralbritsarvet

vardcentral.britsarvet@ltdalarna.se

Vårdcentral Falun

www.faluvadcentral.se

kontakt@faluvc.se

Öppnar i centrala Falun 2010-08-30

Vårdcentral Familjedoktorerna i Falun

www.familjedoktorerna.se

info@familjedoktorerna.se

Öppnar i centrala Falun 2010-07-01

Vårdcentral Grycksbo

Drottningvägen 1, 790 20 Falun

023-491802

www.ltdalarna.se/varldcentralgrycksbo

vardcentral.grycksbo@ltdalarna.se

Vårdcentral Läkarhuset

Slaggatan 36, 791 72 Falun

www.lakarhusen.se

info@lakarhusen.se

Öppnar 2010-08-02

Vårdcentral Norslund

Kopparvägen 29, 791 42 Falun

023-491923

www.ltdalarna.se/varldcentralnorslund

vardcentral.norslund@ltdalarna.se

Vårdcentral Svärdsjö

Björkvägen 2, 790 23 Svärdsjö

0246-491500

www.ltdalarna.se/varldcentralsvardsjo

vardcentral.svardsjo@ltdalarna.se

Vårdcentral Tisken

Myntgatan 8, 791 51 Falun

023-491734

www.ltdalarna.se/varldcentraltisken

vardcentral.tisken@ltdalarna.se



Gagnef

Vårdcentral Gagnef
Älvuddsvägen 42, 785 61 Gagnef
0241-498510
www.ltdalarna.se/vardcentralgagnef
vardcentral.gagnef@ltdalarna.se

Hedemora

Vårdcentral Hedemora
Vinstravägen 2, 776 30 Hedemora
0225-496500
www.ltdalarna.se/vardcentralhedemora
vardcentral.hedemora@ltdalarna.se

Vårdcentral Långshyttan
Solhemsvägen 11, 770 70 Långshyttan
0225-496610
www.ltdalarna.se/vardcentrallangshyttan
vardcentral.langshyttan@ltdalarna.se

Vårdcentral Södra Dalarna
Öppnar centralt i Hedemora 2010-08-02
0225-13200
www.vardcentralsodradalarna.se
kontakt@vardcentralsodradalarna.se

Leksand

Vårdcentral Leksand
Rättviksvägen 5, 793 27 Leksand
0247-494900
www.ltdalarna.se/vardcentralleksand
vardcentral.leksand@ltdalarna.se

Ludvika

Vårdcentral Grangärde-Fredriksberg
Sjukstugevägen 3, 770 12 Sunnansjö
0240-495700
www.ltdalarna.se/vardcentralgrangarde
vardcentral.grangarde@ltdalarna.se

Vårdcentral Grängesberg
Idrottsvägen 10, 772 32 Grängesberg
0240-495950
www.ltdalarna.se/vardcentralgrangesberg
vardcentral.grangesberg@ltdalarna.se

Vårdcentral Ludvika Norra
Ludvika lasarett, 771 81 Ludvika
0240-495000
www.ltdalarna.se/vardcentralludvikanorra
vardcentral.ludvikanorra@ltdalarna.se

Vårdcentral Solsidan
Blomstervägen 11, 771 42 Ludvika
0240-495637
www.ltdalarna.se/vardcentralsolsidan
vardcentral.solsidan@ltdalarna.se

Malung-Sälén

Vårdcentral Malung
Moravägen 14, 782 31 Malung
0280-498200
www.ltdalarna.se/vardcentralmalung
vardcentral.malung@ltdalarna.se

Vårdcentral Sälen-Lima
Centrumhuset, 780 67 Sälen
0280-498482
www.ltdalarna.se/vardcentralsalen
vardcentral.salen@ltdalarna.se

Mora

Vårdcentral Mora
Mora lasarett, 782 85 Mora
0250-493701
www.ltdalarna.se/vardcentralmora
vardcentral.mora@ltdalarna.se

Orsa

Vårdcentral Orsa
Kaplansgatan 19, 794 30 Orsa
0250-498800
www.ltdalarna.se/vardcentralorsa
vardcentral.orsa@ltdalarna.se

Rättvik

Vårdcentral Rättvik
Centralgatan 1, 795 30 Rättvik
0248-494728
www.ltdalarna.se/vardcentralrattvik
vardcentral.rattvik@ltdalarna.se

Smedjebacken

Vårdcentral Smedjebacken-Söderbärke
Bergslagsvägen, 777 25 Smedjebacken
0240-495000
www.ltdalarna.se/vardcentralsmedjebacken
vardcentral.smedjebacken@ltdalarna.se

Säter

Vårdcentral Säter
Jönshyttevägen 1, 783 32 Säter
0225-494500
www.ltdalarna.se/vardcentralsater
vardcentral.sater@ltdalarna.se

Vansbro

Vårdcentral Bäckaskog
Moravägen 27, 780 50 Vansbro
0281-498100
www.ltdalarna.se/vardcentralbackaskog
vardcentral.backaskog@ltdalarna.se

Älvdalen

Vårdcentral Särna
Sjukstugevägen 450, 790 90 Särna
0253-498700
www.ltdalarna.se/vardcentralsarna
vardcentral.sarna@ltdalarna.se

Vårdcentral Älvdalen
Furuvägen 12, 796 30 Älvdalen
0251-498602
www.ltdalarna.se/vardcentralalvdalen
vardcentral.alvdalen@ltdalarna.se