



HOW TO GET IN CONTACT WITH OTHERS - INFORMATION ABOUT PATIENT ORGANISATIONS

www.rbu.se

The National Association for Disabled Children and Youths – RBU (08 – 677 73 00)

www.fub.se

The Swedish National Association for Persons with Intellectual Disability – FUB (08 – 508 866 00)

www.autism.se

The National Society of Autism – FA (08 – 702 05 80)

www.attention-riks.nu

The National Association Attention (08 – 709 22 60)
(a special interest organization for neuropsychiatric disabilities)

www.sallsyntadiagnoser.nu

The Swedish Association of Rare Disorders (08 – 764 49 99)

www.dhb.se

The Association for Deaf, Hearing-Impaired, and Language-Impaired Children – DHB (019 – 17 08 30)

www.duns.nhr.se

Young Neurologically Handicapped in Sweden – DUNS
(08 – 677 70 10)

www.ungarorelsehindrade.se

The Association for Young Disabled (08 - 685 80 80)

www.hjarnkraft.nu

The Association for Brain Damage – HJÄRNKRAFT
(08 - 447 45 30)

You will find more information on patient organisations, sports associations, and other important links at the home page www.ltdalarna.se/hab

CHILD AND YOUTH HABILITATION SERVICE IN DALARNA

Habilitation is a county council division supplying support to children, youth and adults with disabilities and to their families. The support aims to help children and youth develop according to their own abilities, become independent and able to participate in activities at home, in school, and in society at large. Habilitation service in Dalarna is a specialised resource for the entire county with localisation in five cities.

The Child and Youth Habilitation Service is for children and youth under the age of 18 years with

- ❖ general developmental delay (mental, mobile, or speech and language)
- ❖ mobility disability
- ❖ mental retardation
- ❖ autism or Asperger syndrom
- ❖ severe ADHD
- ❖ brain damage acquired before the age of 16 years and resulted in permanent disabilities
- ❖ hearing disability or deafness under the age of 8 years

The concept "habilitation" is used when interventions are given to people with congenital disabilities or with disabilities acquired in early childhood

THE PURPOSE OF THE CHILD AND YOUTH HABILITATION SERVICE

In collaboration with the child/youth and the family the Child and Youth Habilitation will

- ❖ assess the child's /youth's difficulties in order to find explanations
- ❖ help the child/youth getting prerequisites for development on the basis on his/her own capacity and to make use of his/hers own resources
- ❖ support the family's everyday life by providing knowledge and support
- ❖ help the child/youth and family finding possibilities to meet others who are in a similar situation
- ❖ provide knowledge about the child's /youth's condition to persons within the network

It is also a task for the Child and Youth Habilitation Service to spread knowledge in society about disabilities and their consequences on functioning in everyday life.

Child and Youth Habilitation constitutes complementary services to the rest of the society's services within health and social care, preschool, school, social welfare, etc.

HOW YOU CAN GET IN TOUCH WITH THE CHILD AND YOUTH HABILITATION SERVICES

The Child and Youth Habilitation services in Dalarna are situated at five locations within the county. Each Habilitation unit mainly provides services to children/youths and families within a defined geographical area. (Current municipalities are mentioned after each unit.)

Habilitation services in 0225 - 49 67 60

Hedemora
(Avesta, Hedemora)

Habilitation services in 0240 - 49 55 40

Ludvika
(Ludvika, Smedjebacken)

Habilitation services in 0243 - 49 78 00

Borlänge
(Borlänge, Gagnef, Säter)

Habilitation services in Falun 023 - 49 05 10

(Falun, Leksand)

Habilitation services in Mora 0250 - 49 39 50

(Malung, Mora, Orsa, Rättvik,
Vansbro, Älvdalen)

Special Pedagogical Unit of 023 - 49 03 48

Hästberg (all the county)

E-mail: habiliteringen.dalarna@ltdalarna.se

Viewpoints or complaints are to be left
in a box for proposals at the current unit or
to the head director Maja Gilbert, 023 - 49 10 11

COMPLEMENTING ACTIVITIES

Common for all Habilitation units in Dalarna

Within the Child and Youth Habilitation Service in Dalarna there are resources available for clients from all parts of the county:

Medicational surgery (Medicineringsmottagningen) – supplies ADHD-medication to children/youths who are referred from Child and Youth Habilitation services or from Child and Youth Psychiatric services. It is situated in Falun, at Falu lasarett, right next to the Psychiatric Family Unit.

Special Pedagogical Unit of Hästberg – offers special pedagogical training and intense training periods to preschoolers with multiple disabilities or hearing impairment/deafness. It is situated in Falun.

Hearing team – supplies support to children 0-7 years old with hearing impairment/deafness. It consists of social worker, psychologist and mobile special pedagogue and is located to Hästberg in Falun.

Computer Library (DATATEKET) – supplies possibilities to children, youths and their parents to try computer play, different types of programmes and ways of controlling computers. It is intended to clients who cannot play and occupy themselves as others and who have not yet learned to read and write. It is situated in Borlänge at the LDHjälpmedel (technical assistance services).

IT workshop (IT-verksta´n) – supplies IT courses for persons with disabilities, relatives, and staff. The aim is to make IT available for persons with cognitive difficulties. It is situated in Borlänge at the LDHjälpmedel (technical assistance services).

THIS IS HOW THE CHILD AND YOUTH HABILITATION SERVICE WORK

HABILITATION IS TEAM WORK.

Child and Youth Habilitation Service encompass many different professions, working in team together with parent/families and other important persons in the network round the child/youth. All professionals have knowledge of disabilities and their consequences on functioning in every day life situations.

Interventions are planned in conjunction with the family on the basis of the child's /youth's and family's overall situation. The purpose of the interventions is to provide for multidimensional needs: medical, psychological, social, and pedagogical. Since the child's /youth's and family's needs are changing, their contact with the Child and Youth Habilitation Services varies over the years.

Group activities, weeks with special themes, and courses for the parents are often conducted in different parts of the county.

The Child and Youth Habilitation Service collaborate with many different services within the county council, municipality, and other social authorities.

PROFESSIONS WORKING AT THE CHILD AND YOUTH HABILITATION SERVICE

Occupational therapists

- ❑ assess and train abilities for activities and independence in everyday life situations
- ❑ assess and train fine motor functions and cognitive abilities
- ❑ suggest adjustments of activities, or living and school environment in purpose to compensate for impairments

Dieticians

- ❑ assess nutritional problems
- ❑ advice and support concerning dietary treatment

Leisure pedagogues

- ❑ provide information about different leisure activities

Social workers

- ❑ conversational support and help to families
- ❑ inform parents about their rights and possibilities concerning support and services for children with disabilities
- ❑ support coordination of society's services

Speech therapists

- ❑ assess and treat speech and language impairments
- ❑ treat and inform concerning eating and drinking impairments
- ❑ assess and train augmentative and alternative communication

Physicians

- ❑ assess medical reasons for impairments
- ❑ coordinate medical treatment and evaluation
- ❑ collaborate with other specialists, e.g. orthopaedist, child psychiatrist, eye specialist

Psychologists

- ❑ assess child's mental functions
- ❑ advice parents and preschool/school professionals concerning the child's mental development
- ❑ conversational support and help to child/youth and family

Physical therapists

- ❑ assess gross motor functions, support and evaluate motor development and mobile abilities
- ❑ inform the network about how the child's impairment affects motor development
- ❑ collaborate with orthopaedic surgeon, orthopaedic technician, technical aid centre et al.

Nurses

- ❑ advice, support and inform parents about child care and medical treatment
- ❑ collaborate with primary health care (BVC), preschool/school et al.

Special pedagogues

- ❑ work mainly with children up until the first year in school
- ❑ assess, follow up, and support the child's overall development
- ❑ inform parents and assistants about how the child's impairment affects the overall development and how to stimulate development
- ❑ collaborate with pedagogues in preschool/school, participate in preparation for school start